

**WRIST TEETHER FOR AN INFANT**

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**ABSTRACT OF THE DISCLOSURE**

A wrist teether relieves teething pain by cooling an infant's gums without causing either the infant or an adult the discomfort associated with handling a cold teether. The wrist teether is a doughnut-shaped bracelet containing cooled capsules, such as freezer cubes. The wrist teether attaches around the infant's wrist and permits the infant itself to apply the cooled capsules to its gums without grasping the teether. The wrist teether is elastic and constricts around the infant's wrist so that it does not fall off. A multi-layered wrist-facing side of the wrist teether insulates the infant's wrist from the cooled capsules.